

## 2022 NMSC RULES AND REGULATIONS

The following Rules and Regulations have been established for the protection and benefit of all members of the New Milford Swim Club, Inc., (the Club), their families and their guests. Members are expected to advise their children and guests to observe all rules and obey the instructions of the Managers, Guards and Staff. Failure to comply with the Rules and Regulations established by the Board of Trustees shall be considered sufficient cause for actions by Management to enforce the penalties identified within. Major infractions and or repeated offenses will result in review by the Board of Trustees for consideration of longer suspension or consideration of Termination of membership. Ignorance of the rules is not an acceptable excuse. It is every member's obligation to read and follow the rules and to ensure that their guests do the same.

### RULES AT THE ENTRANCE:

1. Each member must scan his or her membership card at the entrance.
  - a. Transfer of membership cards will result in a family suspension for a minimum of two weeks and a fine of \$100.
  - b. Failure to present a membership card will result in a service charge as posted at the office.
  - c. If a membership card is lost, there will be a \$5 service charge for replacement.
  - d. No loitering is allowed at the Front Office.
2. Guests
  - a. All guests must be accompanied by a permanent member 16 years or older.
  - b. Members are responsible for the applicable guest fees.
  - c. The member is directly responsible for his or her guest and the guest must leave the Club if the member leaves.
  - d. Conduct of guests is the direct responsibility of the sponsoring member; in the event that a guest is asked to leave due to misconduct, the responsible member and all members of the family must also leave the premises.
  - e. Suspended, delinquent, or frozen members may not enter the Club as a guest.
3. Members under 12 years old will not be permitted into the Club unless accompanied by a member 16 years or older.

**Exception:** A child 10 or 11 years old, who has passed a swimming test given by the Manager or assistant managers and has his or her card signed by the Manager, may enter the Club alone.

4. Members between 12 and 15 years old may enter the Club alone but may not bring in younger members (under 12) and may not bring in guests.
5. Week-Day Members

- a. Week-day members may enter the Club after 12 noon on week-days during full-time operation. Members of the Swim Team and Diving Team (if any) may attend practices and events at the appointed times.
  - b. Week-day members follow the same general rules as permanent members when bringing in a guest.
6. Illegal Entry will not be tolerated: Violators will be prosecuted.

#### **GENERAL RULES:**

1. No one will be permitted to swim in any pool unless a lifeguard is on duty at that pool.
2. The premises will be closed when necessary for maintenance and at the discretion of the Manager during inclement weather. Bathing shall be prohibited during any electric storm. Failure to move to a designated safe area as advised by any staff member during the time of a sudden storm or a dangerous situation will result in an **immediate** 3-day suspension and/or removal by the police for their safety.
3. Pool closings:
  - a. One pool may be closed for a special event, such as a swimming or diving meet, at the discretion of the Manager.
  - b. At the manager's discretion the North Pool may be closed for a short period of time on weekdays due to swimming lessons or day-camps.
  - c. At the manager's discretion the South pool may be closed at any time due to life-guard availability.
  - d. The South Pool may be used periodically for Lifeguard training courses. However, a portion of the South Pool may be made available and a lifeguard put on duty, if a member requests a swim.
  - e. The South Pool will be closed for swim team practice at the posted hours.
  - f. Only parents, caretakers, and siblings of swim team members are allowed in South Pool area during swim team practices.
  - g. Portions of the South or North pool may be closed between 6:00 pm and 8:00 pm for evening swim lessons.
  - h. Portions of either pool may be used during the day for private lessons.
4. Members should drive slowly and carefully (no more than the posted speed limits) on roads approaching the Club and in the parking area. Cars must be parked within the designated spaces. Illegally parked vehicles may be towed to allow safe and quick access to the facility. The owner/member will be assessed all towing charges. It is recommended that cars be locked. The Club will not be responsible for loss of, or damage to, personal property.
5. All bicycles should be placed in bicycle racks and be locked. Bicycles should not be locked along the fence.
6. No gum chewing is allowed anywhere in the Club.
7. No spitting is allowed anywhere in the Club. Anyone spitting will be suspended for the day along with all family members and guests.

8. Absolutely no alcoholic beverage, illegal drug, Vaping, E-cigarette, Poly-Joules substances or Cannabis product use are permitted in the Club. Persons suspected of being under the influence of drugs or alcohol shall be prohibited from using the facilities. The offender, family members and guests will be required to leave the premises immediately and a family suspension will follow. In the event that illegal drugs are involved, the police will be notified.
9. Radios or other audio devices may be used only with earphones. Unless otherwise approved by the NMSC Board.
10. No abusive language will be tolerated.
11. Generally, no food or beverages may be consumed anywhere in the Club except in the designated Picnic and Snack Areas. (See Item 2 in the following section). Food and beverages may be allowed outside the designated areas at the manger's discretion.
12. Locker Rooms and Bathhouses:
  - a. Loitering is not allowed in the Locker Rooms.
  - b. If a member or guest chooses to take a shower at the Club, the shower curtain must be CLOSED.
  - c. Those taking showers must be covered by a towel after showering and must use modesty in getting dressed. The same rules apply for members/guests using the bathhouse as a changing facility. It is not appropriate to walk around the NMSC bathhouses without clothing.
  - d. Absolutely no smoking or eating is permitted in the Locker Rooms.
  - e. Absolutely no picture taking is allowed in the locker rooms.
  - f. It is recommended that valuables not be left in the Locker Rooms. The Club is not be responsible for loss or damage to personal property.
  - g. Do not use a bathroom stall designated for handicapped members unless no other stall is available.
13. No animals, except for service animals, shall be allowed in the swimming pool, wading pool, dressing rooms, parking lot, or other parts of the facility.
14. **No glass containers of any kind** are allowed on Club property. Any violation will result in disciplining the family membership as follows: 1st Offense: 1-day Suspension; 2nd Offense: 2-day Suspension; 3rd Offense: 5-day Suspension.
15. **SMOKING POLICY:** On April 15, 2006, the state of New Jersey put into effect the New Jersey Smoke-Free Act (N.J.S.A. 26;3D-59), which prohibits smoking in enclosed indoor places of public access and workplaces. Although the pool is not indoors, we are still considered a public assembly and thus this rule applies to our entire facility. This means there will be no smoking allowed within our gated premises. Smoking will **ONLY** be allowed within the designated areas on the exterior side of the bathhouses near the parking lot. This is a state law, which is enforced by the state and local bodies, as well by our staff. The club will be enforcing a "ZERO TOLERANCE POLICY", as follows: 1st Offense: Verbal and Written Warnings; 2nd Offense: 3 days Suspension; 3rd Offense: 2 week Suspension.

16. No running, pushing, wrestling, or causing any undue disturbance is permitted anywhere in the Club, including in the pools. Such behavior will result in disciplinary action for the family membership. Conduct which endangers the safety and comfort of others shall be prohibited.
17. Urination in the Pool or on the grounds is prohibited. Any violation will result in disciplining the family membership as follows: 1st Offense: **Immediate** 5-day Suspension; 2nd Offense: **Immediate** Suspension until Review by the Board of Trustees.
18. Intentional Fecal Disposal in the Pool or on the grounds is prohibited. Any violation will result in disciplining of the family membership, which will result in: 1st Offense: **Immediate** 1-week Suspension; 2nd Offense: **Immediate** Expulsion until Review by the Board of Trustees.
19. Theft will not be tolerated. Any violation will result in disciplining of the family membership, which will result in an **immediate** 5-day family suspension, a review by the Board of Trustees, & possible Prosecution by the authorities.
20. Assault will not be tolerated. Any violation will result in disciplining of the parties' membership, which will result in an **immediate** Suspension until a review by the Board of Trustees, & possible Prosecution by the authorities.
21. Infants and Children 6 Years of Age or Under
  - a. Any child under 3 years of age, and any child over 3 who is not potty trained, must wear **swim diapers**, in all pools. The Manager's office may have suitable swim pants available for a fee.
  - b. Do not change diapers on lounge chairs. Changing tables for infants are available in the Locker Rooms and on the pool grounds. If a member cannot use a changing table due to physical limitations, infants or other young children may be changed on the bench in the locker room provided that a changing pad is used.
  - c. Used diapers must be folded shut, sealed in a plastic bag, and disposed of in trash cans.
  - d. Because of the "openness" of the Locker Room facilities, only girls 3 years and younger may be brought into the Men's Locker Room and boys 3 years and younger may be brought into the Women's Locker Room.
  - e. Glass baby bottles or baby food jars may not be brought into the Club. A violation will result in the same enforcement as for bringing in any glass products.
  - f. Babies being fed "solid" food of any kind must be taken to the Picnic Area or snack area. A violation will result in the same enforcement as for anyone eating outside the Picnic and Snack Areas.
  - g. Baby carriages, playpens, and items of similar nature must be kept off the Pool Deck Areas. This is for the protection of the babies.
  - h. Children should be encouraged to use the restroom before entering the water. Immediately report any "accidents" you observe in the water or on pool grounds to a lifeguard.

- i. Children under 6 should be supervised by an adult in the Playground, Recreation, Picnic, and Snack Areas.
- j. Kiddie Pool
  - i. Use of the Kiddie Pool will be limited to children 6 years of age and under. Children must be supervised by an adult other than the lifeguard.
  - ii. Appropriate, safe, plastic playthings are permissible in the Kiddie Pool. No metal toys are allowed.
  - iii. All toys are to be removed from the Kiddie Pool or they will be discarded.

## 22. Activity Nights

- a. Pre-Teens are members and guests from 10 to 12 years of age.
- b. Attendees must sign up in advance. No member or guest will be admitted unless signed up in advance.
- c. A parent must sign up for guests attending with their children. Guests may be asked to show proof of age.
- d. If a member or guest is expelled for misconduct, the member and all his or her guests will be required to leave.
- e. The grounds may be cleared before the scheduled start of an activity night.

## **GROUNDS, RECREATION, AND PICNIC AREA RULES:**

1. Members will be charged with the cost of damage to any recreational equipment or property caused by any member of their family or their guests.
2. **SUSPENDED FOR 2021:** All food and refreshments are to be consumed only in the Picnic and Snack Areas. The only exception being water, which is permissible if it is contained in an uncovered plastic cup or a clear plastic bottle. No squeeze bottles may be used except in the picnic or snack areas. Consumption of any food or drink outside the picnic or snack areas will result in: 1<sup>st</sup> Offense: Verbal and Written Warning; 2<sup>nd</sup> Offense: 1-Day Suspension; 3<sup>rd</sup> Offense: 5-Day Suspension.

**For the 2021 season, members and guests are permitted to have food and beverages in their seating area provided that they clean up and remove any garbage when they leave. This may change at any time so the NMSC appreciates your cooperation.**

3. Picnic tables may not be reserved, unless otherwise approved by the NMSC Board. Each table must be left clean and the area policed.
4. Only one person may sit on a lounge chair at a time. This is to preserve the chairs.
5. Members may bring their own chairs to the Club. Chairs may not be left on the premises overnight.
6. No chairs or lounges are allowed on the Pool Deck (except at special functions).
7. No "fence" sitting is allowed anywhere in the Club.
8. Towels and other articles may not be hung on fences.

9. Ball playing and Frisbee throwing is prohibited on the Club grounds, except on appropriate courts or in designated areas.

**POOL RULES (N.J.A.C. 8:26-5.4):**

1. Any person showing evidence of any communicable skin disease, sore, or inflamed eyes, cold, nasal, or ear discharges, or any other communicable disease shall be denied admission to the pools.
2. Any person with excessive sunburn, open blisters, cuts, or bandages shall be denied admission to the pools.
3. Do not enter the water if you are experiencing or recovering from diarrhea, or have had any signs or symptoms of a gastrointestinal (stomach) disease in the past seven days.
4. All persons shall shower before entering the water.
5. No eyeglasses other than those with plastic lenses are allowed in the Pools.
6. Flotation devices, toys, etc.:
  - a. Children may wear “swimmies” or “water wings” in the pool but must be accompanied by an adult 18 years or older in the water. The adult may not sit on the side of the pool or on the stairs. They MUST be IN the water, and within arm’s reach of their child.
  - b. No other floating objects, life vests, inflated tubes, toys, snorkels, etc. are allowed in the North or South Pools, except for special events.
  - c. A snorkel and mask may be used by an adult member with a medical reason and a doctor’s note, and will be permitted in the lap lanes only at times designated by the Manager.
  - d. Kickboards, paddles, and pull buoys may be allowed in the lap lanes only during swim team practices or with the Manager’s permission.
7. No cut-offs, shorts, pants, or jeans are permitted in the Pools. Apparel appropriate for water sports such as wet suits, shirts, and footgear may be worn. White tee shirts may be worn over bathing suits with the Manager’s approval. Dark colored cloth shirts are not allowed.
8. Bathers are not permitted to sit on ladders at the side of the Pools.
9. No sitting on shoulders, splashing, or other “horseplay” which can be dangerous or annoying to other people will be permitted. This can result in benching or an immediate suspension for the day of the entire family and their guests.
10. A period “adult swim” may be held at the manager’s discretion. When an “adult swim” is announced, members and guests under 18 years of age must leave the North and South Pools and Deck Area except for scheduled staff private lessons.
11. Diving
  - a. No diving is allowed except in 5-foot areas and off diving boards.
  - b. Only one diver is permitted on the diving board at a time.

- c. Divers must allow the previous diver sufficient time to clear the diving area.
  - d. Diving off the sides of the pools is not allowed in the diving area except when the diving boards are closed for use and there is a lifeguard on duty.
  - e. There is no swimming allowed in diving well when the diving boards are open for use.
  - f. The ladders must be used when leaving the diving area.
  - g. Violations may result in benching or an immediate suspension of the entire family and their guests.
12. All rules as stated in the NEW JERSEY STATE SANITARY CODE -- PUBLIC RECREATIONAL BATHING (NJAC 8:26) must be adhered to. (A copy of these rules is posted on the bulletin board.)

**Notes:**

In situations not covered by the above rules, the Manager may use his or her discretion to **IMMEDIATELY** impose any disciplinary action set forth in these rules to assure the safe and sanitary operation of the pool facility.

Any suspension that occurs after 4:00 pm will carry over to the next day.

**Insubordination, abusive or challenging behavior toward the management and staff while they are carrying out their responsibilities of enforcing the rules and regulations of the Club will result in immediate suspension until a review by the Board of Trustees.**

Members are urged to report to management any violations when they observe them.

Complaints should be made in writing, signed, and mailed to: Board of Trustees, PO Box 309, New Milford, NJ 07646.

Last Updated (June 20, 2022)